



SPIRITUAL TRAINING PLAN 2025

NORTHRIDGE'S 16 WORD MISSION IS TO: WAKE THE WORLD UP TO JESUS, SHOW THEM HIS LOVE, TELL THEM HIS TRUTH, INVOLVE THEM.

This training plan is designed to facilitate the outward expression of the 16 Words through action. Live In exercises are personal and individually focused that will help strengthen your own walk with God. Live Out exercises will help move your faith outside of yourself to include and involve others.

	WEEK	DATES	MON	TUES	WED	THURS	FRI	SAT	SUN
	#		LIVE IN	LIVE OUT	LIVE IN	LIVE OUT	LIVE IN	LIVE OUT	LIVE IN
WAKE THE WORLD UP TO JESUS	1	JUNE 16 - JUNE 22	Memorize 1 Thessalonians 5:5-6	Share The Verse	Affirmation	Share The Affirmation	Fear & Share	Attend & Invite	NLT 1 Thessalonians 5:5-6
	2	JUNE 23 - JUNE 29	Memorize Romans 13:11	Share The Verse	Affirmation	Share The Affirmation	Fear & Share	Attend & Invite	AMP Romans 13:11
	3	JUNE 30 - JULY 6	Memorize 2 Corinthians 5:17	Share The Verse	Affirmation	Share The Affirmation	Fear & Share	Attend & Invite	EASY 2 Corinthians 5:17
	4	JULY 7 - JULY 13	Memorize 2 Corinthians 5:20	Share The Verse	Affirmation	Share The Affirmation	Fear & Share	Attend & Invite	VOICE 2 Corinthians 5:20
	5	JULY 14 - JULY 20	Memorize Matthew 5:16	Share The Verse	Affirmation	Share The Affirmation	Fear & Share	Attend & Invite	NLT Matthew 5:16
SHOW THEM HIS LOVE	6	JULY 21 - JULY 27	Memorize 1 John 4:7	Encourage	Affirmation	Encourage & Serve	Fear & Share	Pray & Share	AMP 1 John 4:7
	7	JULY 28 - AUG. 3	Memorize Romans 12:10	Encourage	Affirmation	Encourage & Serve	Fear & Share	Pray & Share	NLT Romans 12:10
	8	AUG. 4 - AUG. 10	Memorize Galatians 5:13	Encourage	Affirmation	Encourage & Serve	Fear & Share	Pray & Share	MSG Galatians 5:13
	9	AUG. 11 - AUG. 17	Memorize 1 Corinthians 13:2	Encourage	Affirmation	Encourage & Serve	Fear & Share	Pray & Share	TLB 1 Corinthians 13:2
	10	AUG. 18 - AUG. 24	Memorize 1 John 3:18	Encourage	Affirmation	Encourage & Serve	Fear & Share	Pray & Share	TLB 1 John 3:18
TELL THEM HIS TRUTH	11	AUG. 25 - AUG. 31	Memorize 2 Timothy 3:16-17	Failure Is Not Final	Affirmation	Family & Share	Reflect & Share	Pray & Share	AMP 2 Timothy 3:16-17
	12	SEPT. 1 - SEPT. 7	Memorize 2 Timothy 4:2	Failure Is Not Final	Affirmation	Family & Share	Reflect & Share	Pray & Share	AMP 2 Timothy 4:2
	13	SEPT. 8 - SEPT. 14	Memorize Colossians 4:6	Failure Is Not Final	Affirmation	Family & Share	Reflect & Share	Pray & Share	AMP Colossians 4:6
	14	SEPT. 15 - SEPT. 21	Memorize Ephesians 4:15	Failure Is Not Final	Affirmation	Family & Share	Reflect & Share	Pray & Share	EASY Ephesians 4:15
INVOLVE THEM	15	SEPT. 22 - SEPT. 28	Memorize Matthew 18:20	Gather & Serve	Me Challenge	Gather & Serve	Fear & Share	Pray & Huddle	AMP Matthew 18:20
	16	SEPT. 29 - OCT. 5	Memorize James 2:17	Gather & Serve	Me Challenge	Gather & Serve	Fear & Share	Pray & Huddle	AMP James 2:17
	17	OCT. 6 - OCT. 12	Memorize Ephesians 4:16	Gather & Serve	Me Challenge	Gather & Serve	Fear & Share	Pray & Huddle	VOICE Ephesians 4:16
	18	OCT. 13 - OCT. 19	Memorize Hebrews 10:24-25	Gather & Serve	Me Challenge	Gather & Serve	Fear & Share	Race Weekend	

WAKE THE WORLD UP TO JESUS

MONDAY | MEMORIZE | LIVE IN

Look up the verse and then memorize it. Monday's verse will always be the NIV translation.

TUESDAY | SHARE THE VERSE | LIVE OUT

Share this week's verse with someone.

WEDNESDAY | AFFIRMATION | LIVE IN

Turn this week's verse into a personal affirmation. Use the affirmation card provided. Then put it someplace you'll see it daily.

THURSDAY | SHARE THE AFFIRMATION | LIVE OUT

Share the affirmation you wrote yesterday, with someone else. Use the affirmation card provided.

FRIDAY | FEAR & SHARE | LIVE IN

What is your biggest fear, worry, stress, insecurity, or obstacle this week? Share it with God through prayer.

SATURDAY | ATTEND & INVITE | LIVE OUT

Attend church this weekend and invite a friend. #churchfie or it didn't happen (selfie together at church, then post). If it's their 1st time, stop by the 1st Visit table at NR!

SUNDAY | REFLECT & COMPARE | LIVE IN

Read this week's verse in the translation provided. What jumps out at you that you may not have noticed on Monday?

SHOW THEM HIS LOVE

MONDAY | MEMORIZE | LIVE IN

Look up the verse and then memorize it. Monday's verse will always be the NIV translation.

TUESDAY | ENCOURAGE | LIVE OUT

Take a genuine interest in others. Send an encouraging note or post a positive comment on their social media.

WEDNESDAY | AFFIRMATION | LIVE IN

Turn this week's verse into a personal affirmation. Use the affirmation card provided. Then put it someplace you'll see it daily.

THURSDAY | ENCOURAGE & SERVE | LIVE OUT

Do an act of kindness for someone who least expects it (spouse, kids, cashier, neighbor, etc.).

FRIDAY | FEAR & SHARE | LIVE IN

What is your biggest fear, worry, stress, insecurity, or obstacle this week? Share it with God through prayer.

SATURDAY | PRAY & SHARE | LIVE OUT

Pray for someone else, but let them know you did. Not sure who? Ask God to place someone on your heart.

SUNDAY | REFLECT & COMPARE | LIVE IN

Read this week's verse in the translation provided. What jumps out at you that you may not have noticed on Monday?

TELL THEM HIS TRUTH

MONDAY | MEMORIZE | LIVE IN

Look up the verse and then memorize it. Monday's verse will always be the NIV translation.

TUESDAY | FAILURE IS NOT FINAL | LIVE OUT

Who in your life needs to hear that "Failure is not final"? Tell them! And let them know that God loves them no matter what!

WEDNESDAY | AFFIRMATION | LIVE IN

Turn this week's verse into a personal affirmation. Use the affirmation card provided. Then put it someplace you'll see it daily.

THURSDAY | FAMILY & SHARE | LIVE OUT

Discuss this week's verse with your family and friends. Use it as devotional and/or family prayer time.

FRIDAY | REFLECT & SHARE | LIVE IN

How have you seen God work in your life this week? Share with someone (your captain, friend, etc.).

SATURDAY | PRAY & SHARE | LIVE OUT

Pray for someone else, but let them know you did. Not sure who? Ask God to place someone on your heart.

SUNDAY | REFLECT & COMPARE | LIVE IN

Read this week's verse in the translation provided. What jumps out at you that you may not have noticed on Monday?

INVOLVE THEM

MONDAY | MEMORIZE | LIVE IN

Look up the verse and then memorize it. Monday's verse will always be the NIV translation.

TUESDAY | GATHER & SERVE | LIVE OUT

Serve with one of Love Runs' partner organizations.
*specific opportunities will be provided

WEDNESDAY | ME CHALLENGE | LIVE IN

1. What is keeping you from taking a next step into serving? Make a list of the reasons.
2. How can you reorganize your life and schedule to take that next step? Write it down.

THURSDAY | GATHER & SERVE | LIVE OUT

Serve with one of NorthRidge's local outreach partners.
*specific opportunities will be provided

FRIDAY | FEAR & SHARE | LIVE IN

What is your biggest fear, worry, stress, insecurity, or obstacle this week? Share it with God through prayer.

SATURDAY | PRAY & HUDDLE | LIVE OUT

Pray with your captain and team roster at the group runs. Prayer points will be provided. Captains will lead out these prayers.

SUNDAY | REFLECT & COMPARE | LIVE IN

Read this week's verse in the translation provided. What jumps out at you that you may not have noticed on Monday?